

**ÖZGEÇMİŞ**  
**PROF.DR. AYŞEGÜL YILDIZ**

*Dokuz Eylül Üniversitesi Psikiyatri Anabilim Dalı*  
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## ÖĞRENİM

**TIP DOKTORU** **1992**  
HACETTEPE ÜNİVERSİTESİ TIP FAKÜLTESİ (İNGİLİZCE) ANKARA,  
TÜRKİYE

## DOKTORA SONRASI EĞİTİM

**İNTÖRN DOKTORLUK** **1991-1992**  
HACETTEPE ÜNİVERSİTESİ TIP FAKÜLTESİ ANKARA,  
TÜRKİYE

**FİZİK TEDAVİ VE REHABİLİTASYON ASİSTANI** **1993-1995**  
ATATÜRK EĞİTİM HASTANESİ İZMİR, TÜRKİYE

**PSİKİYATRİ ARAŞTIRMA GÖREVLİSİ** **1995-2001**  
DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ, PSİKİYATRİ A.D. İZMİR, TÜRKİYE

### Psikiyatrik Uygulama

- Anestezi eşliğinde EKT dahil olmak üzere, çeşitli tedavi yöntemlerinin uygulanması
- Hastanede yatan ve ayakta tedavi gören hastaların tıbbi ve psikiyatrik sağaltımları
- Acil servis, yoğun bakım ünitesi gibi çeşitli kliniklerde psikiyatrik konsültasyon

### Araştırma Deneyimi

- "Effect of chronic inhaled use on T2 relaxation times: An in vivo MRI study of human brain", "Use of digital EEG in the prediction of antidepressant response" gibi araştırma protokolleri hazırlama
- Bölümün hali hazırda devam eden projelerinde görev alma
- Bilimsel literatür araştırmalarını yürütmek ve seminerler hazırlama
- SPSS gibi çeşitli yazılım programlarını kullanarak istatistik veri tabloları ve grafiklerini yorumlama

### Akademik

- Tıp öğrencilerinin eğitimine katılım

## LİSANS VE SERTİFİKA

Türkiye Sağlık Bakanlığı Lisans No. 92092040 **1992**  
Türkiye Sağlık Bakanlığı, Psikiyatri Uzmanlığı, Lisans No. 53499-64881 **2001**  
Türkiye Sağlık Bakanlığı, Psikiyatri Doçentliği **2004**  
Türkiye Sağlık Bakanlığı, Psikiyatri Profesörlüğü **2009**

## AKADEMİK VE İDARİ GÖREVLER

**BİLİMSEL DANIŞMA KURULU** **2010-halen**  
EUROPEAN COLLEGE of NEUROPSYCHOPHARMACOLOGY (ECNP) AVRUPA

**REKTÖR DANIŞMANLIĞI** **2010-2016**  
DOKUZ EYLÜL ÜNİVERSİTESİ İZMİR, TÜRKİYE

halen

**ETİK KURUL BAŞKANLIĞI** **2009-**  
DOKUZ EYLÜL ÜNİVER. KLİNİK ARAŞ. ETİK KURULU İZMİR, TÜRKİYE

<b>2009-2010</b> TÜRKİYE	<b>BAŞHEKİM YARDIMCILIĞI</b> DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ HASTAHANESİ	İZMİR,
<b>2009-2010</b> TÜRKİYE	<b>ETİK KURUL</b> İZMİR 3 NO'LU BÖLGESEL ETİK KURULU	<b>BAŞKANLIĞI</b> İZMİR,
<b>2006-2008</b> USA	<b>PSİKİYATRİDE PROFESÖR</b> DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ, PSİKİYATRİ A.B.D. <b>PSİKİYATRİDE KONUK DOÇENT</b> HARVARD MEDICAL SCHOOL MCLEAN HOSPITAL	<b>2009-halen</b> İZMİR, TÜRKİYE BELMONT, MA,
<b>2004-2009</b>	<b>PSİKİYATRİDE DOÇENT</b> DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ, PSİKİYATRİ A.B.D.	İZMİR, TÜRKİYE
<b>2001-2002</b>	<b>PSİKİYATRİDE YARDIMCI DOÇENT</b> DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ, PSİKİYATRİ A.B.D.	<b>2002-2004</b> İZMİR, TÜRKİYE
<b>2001-2002</b>	<b>PSİKİYATRİDE ÖĞRETİM ELEMANI</b> DOKUZ EYLÜL ÜNİVERSİTESİ TIP FAKÜLTESİ, PSİKİYATRİ A.B.D.	İZMİR, TÜRKİYE
<b>1998-2001</b> USA	<b>PSİKİYATRİDE KLİNİK FELLOW</b> HARVARD TIP FAKÜLTESİ MASSACHUSETTS GENEL HASTANESİ, BİPOLAR KLİNİĞİ	BOSTON, MA,

## **ARAŞTIRMACI OLARAK PROFESYONEL DENEYİMLER**

**ARAŞTIRMA FELLOWU** **1998**  
MINNESOTA ÜNİVERSİTESİ  
MANYETİK REZONANS ARAŞTIRMA MERKEZİ **MINNEAPOLIS, MN**

- Manyetik rezonans fiziği ve manyetik rezonans spektroskopisi üzerine eğitim
- Hayvanlarda 9,4 Tesla; insanlarda 7 ve 4 Tesla gibi yüksek çözünürlük spektroskopisi ile, insan ve sıçan beyininde <sup>1</sup>H, <sup>13</sup>C, ve <sup>31</sup>P MR Spektroskopisiyle elde edilen verilerin geliştirilmesine yönelik çalışma

**ARAŞTIRMA FELLOWU** **1998-2000**  
HARVARD TIP FAKÜLTESİ  
MASSACHUSETTS GENEL HASTANESİ, BİPOLAR KLİNİĞİ **BOSTON, MA**

- "The effect of lithium on brain phosphoinositide metabolism: A proton decoupled <sup>31</sup>P MRS study", "Randomized Comparison of Risperidone, Haloperidol, and Lorazepam for the Treatment of Agitation in an Emergency Setting", "Immediate versus controlled release lithium: Adverse effects and brain lithium levels" gibi konularda araştırma protokollerinin hazırlanması
- "Single versus split daily dosing of antidepressants: A meta-analysis", "<sup>31</sup>P MRS Findings in Bipolar Illness: A meta-analysis" gibi araştırma projelerinde sorumlu araştırmacı

- "Comparison of haloperidol versus risperidone in the treatment of acute agitation: a pilot study", "Age onset of psychotic versus non-psychotic bipolar illness" gibi araştırma projelerinde proje liderliği
- Affektif Bozukluk Değerlendirme Formu ve Klinik İzlem Formu gibi değerlendirme ve izleme formlarını kullanmaya yönelik eğitim, ve kullanıcı olarak sertifika alma
- SCID-I, HAM-D, MADRS, YMRS, BPRS, PANSS, ve MMS gibi psikiyatride çok kullanılan çeşitli ölçek ve değerlendirme formlarını kullanmaya yönelik eğitim alma, ve sertifika kazanma
- Meta-analiz ve güç analizi gibi çeşitli istatistiksel yaklaşımları kullanarak veri analizi
- Bipolar Guidelines 2000' in hazırlanması gibi büyük projelerde araştırmacı olarak çalışma

#### **ÖZEL GÖNÜLLÜ**

**2004**

NATIONAL INSTITUTE OF MENTAL HEALTH  
LABORATORY OF MOLECULAR PATHOPHYSIOLOGY

**BETHESDA, MD**

#### **ÖZEL GÖNÜLLÜ**

**2005**

NATIONAL INSTITUTE OF MENTAL HEALTH  
LABORATORY OF MOLECULAR PATHOPHYSIOLOGY

**BETHESDA, MD**

#### **KONUK DOÇENT**

**2006-2008**

HARVARD MEDICAL SCHOOL  
MCLEAN HOSPITAL

**BELMONT, MA**

### **SORUMLU ARAŞTIRMACI OLARAK DENEYİMLER**

- A double-blind, placebo controlled trial of a protein kinase C inhibitor: tamoxifen citrate in treatment of 50 patients with acute mania
- Combination of pharmacotherapy with electroconvulsive therapy in prevention of relapse in major depressive disorder: A randomized, placebo controlled, double-blind study
- Neurochemical and neuroanatomical status of bipolar and unipolar affective patients in different mood states: A nuclear magnetic resonance imaging and spectroscopy study

### **KİTAPLAR**

- Yıldız A, Nemeroff C, Ruiz P. *The Bipolar Book: History, Neurobiology, and Treatment*, 2015. Oxford University Press, New York
- Yıldız A, Uzbay T Translating Ed. Nobel Yayıncılık 2023 in press *The Bipolar Book: History, Neurobiology, and Treatment*, Ed. Yıldız A, Nemeroff C, Ruiz P 2015. Oxford University Press, New York

### **ÖDÜLLER VE ONURLANDIRILMALAR ULUSLARARASI**

- Inclusion of Tamoxifen in Canadian Bipolar Mania Treatment Guidelines **2018**
- Harvard Review of Psychiatry Special Issue consisting of the presentations in Bipolar Expert Meeting in Cappadocia, Turkey **2014**
- International Recognition of the Bipolar & Depression Foundation: Bipolar Expert Meeting in Cappadocia, Turkey **2012**

- 51<sup>st</sup> Annual NCDEU- New Research Approaches to Mental Health Interventions Meeting, Baco Raton, FL, USA toplantısında 'Breaking News Symposia' için seçilme  
**2011**  
*"Placebo-related response in clinical trials for bipolar mania: what is driving this phenomenon and what can be done to minimize it?"*
- 66<sup>th</sup> Biological Psychiatry, San Francisco, CA, USA toplantısında 'Breaking News Symposia' için seçilme  
**2011**  
*"Placebo-related response in clinical trials for bipolar mania: what is driving this phenomenon and what can be done to minimize it?"*
- 23<sup>rd</sup> Congress of the European College of Neuropsychopharmacology, Amsterdam, Netherlands toplantısında 'Breaking News Symposia' için seçilme  
**2010**  
*"Placebo-related response in clinical trials for bipolar mania: what is driving this phenomenon and what can be done to minimize it?"*
- Marquis Who's Who in the World' kitabının 26.(edition) baskısında biyografi  
**2009**
- 11<sup>th</sup> Bridging Eastern and Western Psychiatry Congress, Antalya, Turkiye, En iyi bilimsel makale ödülü  
**2008**  
*"Protein kinase C inhibition in the treatment of mania: A double-blind, placebo-controlled trial of tamoxifen"*
- 48<sup>th</sup> Annual NCDEU- New Research Approaches to Mental Health Interventions Meeting, Phoenix, AZ, USA toplantısında 'Breaking News Symposia' için seçilme  
**2008**  
*"Target Specific Treatment Strategies in Mania: Anti-manic Effects of a Protein Kinase C Inhibitor-tamoxifen"*
- 19<sup>th</sup> Congress of the European College of Neuropsychopharmacology, Paris, France toplantısında 'Breaking News Symposia' için seçilme  
**2006**  
*"Protein kinase C inhibition in the treatment of mania: A double-blind, placebo-controlled trial of tamoxifen"*
- Amerikan Psikiyatri Birliği/Astra Zeneca Psikiyatride Genç Beyinler Ödülü  
**2004**  
*"Bipolar Bozukluk/Mani kategorisinde tüm dünyada en iyi genç bilim adamı seçilme"*
- Akıl-Beyin arasındaki bariyeri çözmeye ayrıcalıklı bilimadamları listesine girme  
**2004**  
*157. Amerikan Psikiyatri Birliği Yıllık Toplantısı, NewYork, USA*
- International Sleep Resaerch Foundation, Araştırma Projesi Ödülü  
**2004**  
*"Neurochemical profile of the brain in Major Depressive Disorder: A longitudinal <sup>1</sup>H MRS study and sleep recording"*

- The Stanley Medical Research Institute, Araştırma Projesi Ödülü  
**2003**  
*"Measurements of protein kinase C levels before and after a protein kinase C Inhibitor in manic patients"*
- Harvard Medical School, Stanley Foundation Bipolar Research Center, Araştırma Projesi Ödülü  
**2003**  
*"Neurochemical status of bipolar & unipolar patients in different mood states: A nuclear magnetic resonance imaging and spectroscopy study"*
- European College of Neuropsychopharmacology-ECNP Bilimsel Komitesi, Fellowship Ödülü  
**2002**  
*ECNP tarafından nöropsikofarmakoloji alanında 40 yaşın altında en iyi 8 bilim adamı arasında seçilme*
- The Stanley Medical Research Institute, Araştırma Projesi Ödülü  
**2002**  
*"A double-blind, placebo controlled trial of a protein kinase C inhibitor: tamoxifen citrate in treatment of 50 patients with acute mania"*
- Pfizer Pharmaceuticals-USA, Bağımsız Araştırmacı Ödülü  
**2002**  
*"Combination of pharmacotherapy with electroconvulsive therapy in prevention of relapse in major depressive disorder: A randomized, placebo controlled, double-blind study"*
- European College of Neuropsychopharmacology-ECNP Bilimsel Komitesi, Ücretsiz Kayıt Ödülü **2001**  
*"Effect of lithium on phosphoinositide metabolism in human brain: A proton-decoupled <sup>31</sup>P MRS Study"*
- World Psychiatric Association-Dünya Psikiyatri Birliği, Poster 1.'lik ödülü **2001**  
*"Do antidepressants induce rapid cycling? A gender specific association"*
- Teşekkür, Postgraduate Medicine Special Report **2000**  
*"The Expert Consensus Guideline Series, Medication Treatment of Bipolar Disorder" by Sachs GS, Printz DJ, Kahn DA, Carpenter D, Docherty JP, April 2000, pp 1-104"*
- Pfizer, Araştırma Projesi Seyehat Ödülü **1998**  
*"Use of digital EEG in the prediction of antidepressant response"*

## ULUSAL

- TÜBİTAK- Türkiye Bilimsel ve Teknolojik Araştırma Kurumu **2012**  
*"Bilimsel Toplantı Destek Ödülü: Bipolar Bozukluk: Kapadokya'dan Milenyum Notları"*
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2006**  
*"Review of <sup>1</sup>H magnetic resonance spectroscopy findings in major depressive disorder: A meta-analysis"*
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2006**  
*"Neurochemical alterations of the brain in bipolar disorder and their implications for pathophysiology: A systematic review of the in vivo <sup>1</sup>H MRS findings"*
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2006**  
*"Risperidone attenuates brain damage after focal cerebral ischemia in vivo"*

- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2005**  
“Lithium-induced alterations in nucleoside triphosphate levels in human brain: a proton- decoupled <sup>31</sup>P Magnetic Resonance Spectroscopy study”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2004**  
“Rates of study completion with single versus split daily dosing of antidepressants”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2004**  
“Characteristics of rapid cycling bipolar-I patients in a bipolar specialty clinic”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2003**  
“Neuroleptic malignant syndrome: a case that may shed new light into the etiology and treatment”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2003**  
“Do antidepressants induce rapid cycling; A gender specific association”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2003**  
“Pharmacological management of agitation in emergency settings”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2003**  
“Age onset of psychotic bipolar illness in men and women”
- Bahar Sempozyumları VI, Araştırma Projesi Ödülü **2002**  
“Combination of pharmacotherapy with electroconvulsive therapy in prevention of relapse in major depressive disorder: A randomized, placebo controlled, double-blind study”
- Dokuz Eylül Medical School, Araştırma Projesi Ödülü **2002**  
“Combination of pharmacotherapy with electroconvulsive therapy in prevention of relapse in major depressive disorder: A randomized, placebo controlled, double-blind study”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2002**  
“Administration of antidepressants; single versus split dosing: A meta-analysis”
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2001**  
“Effect of lithium on phosphoinositide metabolism in human brain: A proton-decoupled <sup>31</sup> P MRS Study”
  
- Dokuz Eylül Tıp Fakültesi, Bilimsel Araştırma Teşvik Ödülü **2001**  
“<sup>31</sup> P MRS Findings in bipolar illness: A meta-analysis”
- Sabancı Bursu (Üniversite giriş sınavında gösterilen yüksek performans nedeniyle) **1986-1992**
- Türk Petrol Vakfı Bursu (Üniversite giriş sınavında gösterilen yüksek performans nedeniyle) **1986-1992**

#### **BAŞLICA ARAŞTIRMA ALANLARI**

- Duygudurum Bozuklukları'nın patofizyolojisi ve tedavisi
- Nükleer Manyetik Rezonans Spektroskopi gibi ileri beyin görüntüleme yöntemlerinin Duygudurum Bozuklukları alanındaki araştırmalarda kullanılması
- Randomize kontrollü çalışmalarda plasebo etkisinin azaltılması
- Meta-analiz ve Network Analizi gibi kanıta dayalı sentez & analiz yöntemlerinin psikiyatrik ilaçlara uygulanması

#### **DERGİ EDITÖRLÜKLERİ**

- European Neuropsychopharmacology
- Harvard Review of Psychiatry
- International Journal of Bipolar Disorders
- Annals of General Psychiatry
- World Journal of Methodology

## **DERGİ HAKEMLİKLERİ**

- World Journal of Psychiatry
- Primary Psychiatry
- Neuroradiology
- Acta Psychiatrica Scandinavica
- The International Journal of Neuropsychopharmacology
- Psychiatry Research Neuroimaging
- Biological Psychiatry
- Journal of Clinical Psychiatry
- Neuroscience Letters
- Journal of Affective Disorders
- CNS Drugs
- Progress in Neuro-Psychopharmacology & Biological Psychiatry
- Pharmacology, Biochemistry & Behavior
- Pharmacopsychiatry
- Journal of Mood Disorders
- Psychiatria Danubina

## **DERNEK ÜYELİKLERİ**

- Üye, European College of Neuropsychopharmacology-ECNP Bipolar Network, Europe
- Kurucu Başkan, DUVAK-Duygudurum Vakfı, Türkiye
- Üye, European Bipolar Forum, London, UK
- Üye, Collegium Internationale Neuro-Psychopharmacologicum-Scotland, UK
- Üye, American Psychiatric Association-Washington, DC, USA
- Üye, International Society for Bipolar Disorders, PA, USA
- Üye, European College of Neuropsychopharmacology-ECNP Europe
  
- Üye, Association of Women Psychiatrists, USA
- Üye, Türk Psikiyatri Derneği, İzmir, Türkiye

## **BİLDİRİ, KONFERANS VE SEMİNERLER ULUSLARARASI**

- Oturum Başkanı; 31<sup>st</sup> Congress of the European College of Neuropsychopharmacology, Barcelona, Spain, 2018 *“Hot topics in mood disorders”*
- Oturum Başkanı; 26<sup>th</sup> Congress of the European College of Neuropsychopharmacology, Barcelona, Spain, 2013 *“Update on psychopharmacology of bipolar disorder”*
- Davetli konuşmacı; 3<sup>rd</sup> International Congress on Neurobiology, Psychopharmacology & Treatment Guidance, Thessaloniki, Greece 2013 *“Efficacy assessment of anti-manic agents via use of direct and indirect evidence”*
- Davetli konuşmacı; 68<sup>th</sup> Biological Psychiatry Meeting, San Francisco, CA, 2013 *“Systematic evaluation*

*of antimanic treatments: Ranking by efficacy”*

- Davetli konuşmacı; 68<sup>th</sup> Biological Psychiatry Meeting, San Francisco, CA, 2013 *“Systematic evaluation of antimanic treatments: Ranking by efficacy”*
- Davetli konuşmacı; 17<sup>th</sup> International Winter Workshop on Psychosis, Marrakech, Morocco, 2013 *“Defining success when managing psychosis & bipolar disorder”*
- Başkan; Davetli konuşmacı; Bipolar Disorder: Millennium Notes from Cappadocia, Cappadocia, Turkey, 2012 *“Mixed treatment comparisons of antimanic drugs: Ranking by efficacy”*
- Davetli konuşmacı; World Psychiatric Association International Congress, Prague, Czech Republic, 2012  
*“Efficacy assessment of anti-manic agents via use of direct & indirect evidence”*
- Davetli konuşmacı; 12<sup>nd</sup> International Review of Bipolar Disorders, Nice, France, 2012 *“Can sophisticated methods of evidence synthesis offer better clinical decision making tools for the treatment of bipolar mania?”*
- Davetli konuşmacı; 24<sup>th</sup> Congress of the European College of Neuropsychopharmacology, Paris, France, 2011 *“Treating bipolar mania: Evidence based evaluation of drug and placebo responses”*
- Davetli konuşmacı; 15<sup>th</sup> World Congress of Psychiatry, Buenos Aires, Argentina, 2011 *“Placebo-related response in clinical trials of bipolar mania: How does it effect trial results and what can be done to minimize it?”*
- Davetli konuşmacı; 51<sup>st</sup> Annual NCDEU- New Research Approaches to Mental Health Interventions Meeting, Baco Raton, FL, USA, 2011 *“Placebo-related response in clinical trials for bipolar mania: What is driving this phenomenon and what can be done to minimize it?”*
- Davetli konuşmacı; 66<sup>th</sup> Biological Psychiatry Meeting, San Francisco, CA, 2011 *“Placebo-related response in clinical trials for bipolar mania: What is driving this phenomenon and what can be done to minimize it?”*
- Davetli konuşmacı; 23<sup>rd</sup> Congress of the European College of Neuropsychopharmacology, Amsterdam, Netherlands, 2010 *“Placebo-related response in clinical trials for bipolar mania: what is driving this phenomenon and what can be done to minimize it?”*
- Davetli konuşmacı; 27<sup>th</sup> Congress of the CINP-Collegium Internationale Neuro-Psychopharmacologicum, Hong Kong, China, 2010 *“Evaluating the evidence for emerging target specific treatment strategies in mania”*
- Davetli konuşmacı; 22<sup>nd</sup> Congress of the European College of Neuropsychopharmacology, Istanbul, Turkey, 2009  
*“Protein kinase C inhibitors in mania”*
- Davetli konuşmacı; 50<sup>th</sup> Scandinavian College of Neuropsychopharmacology Symposium by European College of Neuropsychopharmacology, Copenhagen, Denmark, 2009 *“Protein kinase C inhibitor tamoxifen new concept in the treatment of mania”*
- Moderatör; Gazi Psikiyatri Günleri, Girne, Kıbrıs, 2009, Konuşmacı: Mark Frye *“Treatment of bipolar disorder: Acute, continuation, and maintenance phases”*
- Moderatör & Davetli konuşmacı; 11. Bridging Eastern and Western Psychiatry Congress, Belek , Antalya, Türkiye, 2008 *“Translating research to clinical practice in the treatment of bipolar disorder:*



*Targeted treatment strategies in mania: Antimanic effects of PKC inhibitor-tamoxifen*

- Moderatör; 11. Bridging Eastern and Western Psychiatry Congress, Belek , Antalya, Turkiye, 2008 “*Cyclothymia*“
- Poster Bildiri; 21<sup>st</sup> ECNP, Barcelona, Spain, 2008 “*A new strategy of continuation pharmacotherapy in the prevention of relapse following ECT: a controlled trial*”
- Davetli konuşmacı; 48<sup>th</sup> Annual NCDEU- New Research Approaches to Mental Health Interventions Meeting, Phoenix, AZ, USA, 2008 “*Breaking News Symposia: Target Specific Treatment Strategies in Mania: Anti-manic Effects of a Protein Kinase C Inhibitor-tamoxifen*”
- Moderatör & Davetli konuşmacı; 160<sup>th</sup> American Psychiatric Association Annual Meeting, San Diego, CA, 2007 “*Biological Foundations of Bipolar Disorder: New Insights and Prospects for Treatment*”
- Moderatör & Davetli konuşmacı; 62<sup>nd</sup> Biological Psychiatry Meeting, San Diego, CA, 2007 “*Next steps towards the understanding and treatment of Bipolar Disorder*”
- Davetli konuşmacı; 19<sup>th</sup> Congress of the European College of Neuropsychopharmacology, Paris, France, 2006 “*Breaking News Symposia: Protein kinase C inhibition in the treatment of mania: A double-blind, placebo-controlled trial of tamoxifen*”
- Davetli konuşmacı; 5<sup>th</sup> European Stanley Conference on Bipolar Disorder, Barcelona, Spain, 2006 “*Protein kinase C inhibition in the treatment of mania: A double-blind, placebo-controlled trial of tamoxifen*”
- Moderatör & Davetli konuşmacı; World Psychiatric Organization Meeting, Istanbul, Turkey, 2006 “*Proton MRS Findings in Bipolar Disorder & Implications for the Pathophysiology*”
- Davetli konuşmacı; University of Minnesota Center of Magnetic Resonance Research, Minneapolis, USA 2004 “*In vivo Magnetic Resonance Spectroscopy Findings in Affective Disorders and Their Relevance to the Pathophysiology*”
- Davetli konuşmacı; The International Congress of Biological Psychiatry, Sydney, Australia, 2004 “*In vivo Magnetic Resonance Spectroscopy Findings in Bipolar Illness and Their Relevance to the Pathophysiology*”
- Poster Bildiri; 16<sup>th</sup> ECNP, Prague, Czech Republic, 2003 “*Lithium Induced Alterations in NTP Levels in Human Brain: A Proton Decoupled <sup>31</sup>P MRS Study*”
- Davetli konuşmacı; 2<sup>nd</sup> International Conference on Biomedical Spectroscopy: From Molecules to Men, London, United Kingdom, 2003 “*Proton Magnetic Resonance Spectroscopy Applications in Affective Disorders*”
- Poster Bildiri; 156<sup>th</sup> American Psychiatric Association Annual Meeting, San Francisco, CA, 2003 “*Study completion in single versus split daily dosing of antidepressants*”
- Poster Bildiri; 156<sup>th</sup> American Psychiatric Association Annual Meeting, San Francisco, CA, 2003 “*Studies on agitation management in adult psychiatric emergencies*”
- Poster Bildiri; 156<sup>th</sup> American Psychiatric Association Annual Meeting, San Francisco, CA, 2003 “*Risperidone versus haloperidol in adult psychiatric emergencies*”
- Poster Bildiri; 15<sup>th</sup> Congress of the European College of Neuropsychopharmacology, Barcelona, Spain, 2002 “*Tolerability of single versus split daily dosing of antidepressants: A meta-analysis*”
- Davetli konuşmacı; 1<sup>th</sup> International Conference on Biomedical Spectroscopy: From Molecules to Men, Cardiff, Wales, UK, 2002 “*Phosphoinositide Metabolism, Lithium & Manic Depressive Illness*”

- Sözel Bildiri; 7<sup>th</sup> World Biological Congress of Psychiatry, Berlin, Germany, 2001 *“Single versus split daily dosing of antidepressants: A meta-analysis”*
- Sözel Bildiri; 7<sup>th</sup> World Biological Congress of Psychiatry, Berlin, Germany, 2001 *“Characteristics of rapid cycling patients in a bipolar specialty clinic”*
- Poster Bildiri; American Psychiatric Association Annual Meeting, Chicago, IL, 2000 *“Age onset of bipolar illness in men and women”*

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- Bipolar Master Class Part IV: Management of treatment in maintenance phase, Turkey, 2022
- Bipolar Master Class Part III: Treatment of Depression, Turkey, 2022
- Bipolar Master Class Part II: Treatment of Mania, Turkey, 2022
- Bipolar Master Class Part I: Differential Diagnosis, Turkey, 2022
- Invited Speaker; Academy of Schizophrenia, Bipolar Disorder and Depression, Kyrenia, Cyprus, 2022 *“Treatment of bipolar depression: Myths & realities”*
- Invited Speaker; Psychiatry Academy, Antalya, Turkey, 2022 *“What is new in treatment of bipolar depression?”*
- Invited Speaker; Psychiatry Academy, Antalya, Turkey, 2021 *“What is new in etiology and treatment of bipolar disorder in years of 2020”*
- Invited Speaker; Psychiatry Academy, Antalya, Turkey, 2019 *“Interesting cases and treatment applications for bipolar disorder”*
- Invited Speaker; Psychiatry Academy, Antalya, Turkey, 2017 *“Wise drug selection for bipolar mania and depression”*
- Invited Speaker; Psychiatry Academy, Girne, Cyprus, 2016 *“New insights for treatment of bipolar mixed states”*
- Invited Speaker; Psychopharmacology Congress, Antalya, Turkey, 2015 *“Difference between standard pairwise meta-analysis and network meta-analysis”*
- Davetli konuşmacı; Üsküdar University, Istanbul, 2014 *“Meta-analizlerin & network analizlerinin bipolar bozukluk tedavisine potansiyel katkıları”*
- Davetli konuşmacı; 7. Ulusal Anksiyete Kongresi, Girne, Kıbrıs, 2014 *“Bipolar Depresyon Tedavisinde Antidepresan Etkinlikte Potansiyel Hedefler ”*
- Moderatör; 6. Uluslararası Psikofarmakoloji Kongresi, Antalya, Türkiye, 2014, Konuşmacılar: Nicol Ferrier, Feyza Aricioglu, Peter Haddad
- Davetli konuşmacı; Psikiyatri Akademisi, Girne, Kıbrıs, 2014 *“Bipolar bozukluk tedavisinde yeni umutlar”*
- Davetli konuşmacı; 3. Ulusal Psikofarmakoloji Kongresi, Istanbul, Türkiye, 2009 *“Bipolar mani tedavisinde atipik antipsikotikler: Bilimsel araştırmaların sonuçlarını nasıl anlayıp yorumlamalıyız?”*
- Davetli konuşmacı; 3. Ulusal Psikofarmakoloji Kongresi, Istanbul, Türkiye, 2009 *“Bipolar mani tedavisinde atipik antipsikotikler: Bilimsel araştırmaların sonuçlarını nasıl anlayıp yorumlamalıyız?”*
- Davetli konuşmacı; 3. Ulusal Psikofarmakoloji Kongresi, Istanbul, Türkiye, 2009 *“Bipolar mani*

- tedavisinde atipik antipsikotikler: Bilimsel arařtırmaların sonuçlarını nasıl anlayıp yorumlamalıyız?”*
- Davetli konuřmacı; Doęu Akdeniz Üniversitesi, Gazimagusa, Kıbrıs, 2012 *“Aklın sınırları: Yaratıcılık, dahillik, ve ötesi”*
  - Davetli konuřmacı; 6. Ulusal Anksiyete Kongresi, Girne, Kıbrıs, 2011 *“Anksiyete bozuklukları tedavisi: tedavi kılavuzlarının karşılařtırılması”*
  - Davetli konuřmacı; 13. Bahar Sempozyumları, Antalya, Türkiye, 2009 *“Duygudurum bozukluklarının nörobiyolojik temeli: Duygudurum bozukluklarına mikroskopik bakıř”*
  - Moderatör; 13. Bahar Sempozyumları, Antalya, Türkiye, 2009 *“Nörobilimin psikiyatriye getirdięi imkanlar”*
  - Davetli konuřmacı; Doęu Akdeniz Üniversitesi, Gazimagusa, Kıbrıs, 2009 *“Aklın sınırları: Dahilik ve ötesi”*
  - Davetli konuřmacı; 3. Ulusal Psikofarmakoloji Kongresi, İstanbul, Türkiye, 2009 *“Bipolar mani tedavisinde atipik antipsikotikler: Bilimsel arařtırmaların sonuçlarını nasıl anlayıp yorumlamalıyız?”*
  - Moderatör; 3. Ulusal Psikofarmakoloji Kongresi, İstanbul, Türkiye, 2009, Konuřmacı: Gary S. Sachs *“Atypical antipsychotics for treatment of bipolar depression”*
  - Davetli konuřmacı; Saint-Joseph Fransız Lisesi 2. Psikolojik Konsültasyon Sempozyumu, İzmir, Türkiye, 2009 *“Aklın sınırları: Dahilik ve ötesi”*
  - Davetli konuřmacı; Sanofi-Avantis Psikiyatri Günleri, İzmir, 2008 *“Teoriden Klinięe Bipolar Tedavisi: Bipolar Tedavi Kılavuzu”*
  - Davetli konuřmacı; 1. Ulusal Psikofarmakoloji Kongresi, İstanbul, Türkiye, 2005 *“Duygudurum Bozukluklarında Beyin Görüntüleme Yeni Görüşler & Moleküler Bulgular”*
  - Davetli konuřmacı; TUBA, Türkiye Bilimler Akademisi, Ankara, Türkiye, 2005 *“Duygudurum bozukluklarının fizyopatolojisine iliřkin gelişmeler”*
  - Davetli konuřmacı; Sanofi-Santalebo Psikiyatri Sempozyumu, Kıbrıs, 2005 *“Bipolar bozukluęın nörobiyolojisi ve duygudurum düzenleyicilerin nörotrofik/nöroprotektif etkileri”*
  - Davetli konuřmacı, 7. Bahar Sempozyumları, Antalya, Türkiye, 2003 *“Duygudurum bozukluklarında tedavi evreleri”*
  - Davetli konuřmacı, 7. Bahar Sempozyumları, Antalya, Türkiye, 2003 *“Farmakoterapide yenilikler ve arařtırma gereksinimleri”*
  - Davetli konuřmacı; 4. Ulusal Biyolojik Psikiyatri Kongresi, Ankara, Türkiye, 2003 *“Unipolar ve bipolar depresyon saęaltımında kullanılan ilaçlar & reseptör ötesi etki mekanizmaları”*
  - Poster Bildiri; 6. Bahar Sempozyumları, Antalya, Türkiye, 2002 *“Günde tek doz antidepressan ilaç uygulaması hastalar tarafından kabul edilebilir bir strateji mi? Bir meta-analiz çalıřması”*
  - Sözel Bildiri; 37. Ulusal Psikiyatri Kongresi, İstanbul, Türkiye, 2001 *“Bipolar bozuklukta <sup>31</sup>P nükleer manyetik rezonans spektroskopisi bulguları: Bir meta-analiz çalıřması”*
  - Davetli konuřmacı; 3. Ulusal Biyolojik Psikiyatri Kongresi, Kapodokya, Türkiye, 2001 *“Duygudurum dengeleyici ilaçların etki mekanizması”*
  - Sözel Bildiri; 5. Bahar Sempozyumları, Antalya, Türkiye, 2001 *“Antidepressan ilaçlar bipolar bozuklukta hızlı döngülü gidiře yol açarlarmı? Cinsiyete özgü bir iliřki”*
  - Davetli konuřmacı; 36. Ulusal Psikiyatri Kongresi, Antalya, Türkiye, 2000 *“Depresyonda doęrular,*

*yanlıřlar”*

- Poster Bildiri; 36. Ulusal Psikiyatri Kongresi, Antalya, Türkiye, 2000 “Acil serviste akut ajitasyon tedavisinde gözlemsel bir çalıřma: Haloperdola karřı risperidon”
- Davetli konuřmacı; 35. Ulusal Psikiyatri Kongresi, Trabzon, Türkiye, 1999 “Psikotik mani saęaltımı: İnteraktif olgu sunumları”
- Sözel Bildiri; 6. Anadolu Psikiyatri Kongresi , Erzurum, Türkiye, 1997 “Somatoform bozukluk ve distimi komorbiditesi bulunan tedaviye dirençli bir olguda antidepresan ve antipsikotiklerin kullanılması”

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